

# Pretty Gritty's 'Energetic by Nature' Women's Festival



## Frequently Asked Questions

### Where is the festival?

The festival takes place in St Helena's event fields near the village of Bramhope, West Yorkshire. The festival fields are **not** accessed through St Helena's Caravan Park, but can be reached via Moorland Road, Bramhope.

### What is included within my ticket?

You can expect a weekend with an itinerary packed full of sports and activities which you can pick and choose from. Yoga, boot camp and dance classes will take place throughout the day at the festival site and there will be guided trail runs and mountain bike rides heading out to 'The Chevin', a local wood close by.

There will be inspirational speakers and other interesting activities thrown in, like foraging walks with a local expert as well as our awesome silent disco and dipping tubs!

### Camping Ticket

This includes a camping pitch for 2 nights, a wash up area, showers and toilet facilities. You may use the facilities in both the large and small field. As there is very limited fridge space so we would recommend bringing a cool box where possible as we cannot guarantee fridge space.

Please ensure you select a camping ticket for tents and a camper van ticket for vans. There are a very limited number of spaces where we can accommodate vans and if you have selected a tent ticket you cannot use this for a camper van. Sorry - We can not accommodate motorhomes.

### Glamping Ticket

This includes a glamping bell tent to sleep either 2 people for 2 nights or 4 people for 2 nights. The price is per bell tent and so is split by how ever many occupants you share with.

You will have access to showers toilets and a wash up area. You may use the facilities in both the large and small field. There is very limited fridge space so we would recommend bringing a cool box where possible as we cannot guarantee fridge space.

Each bell tent includes:

- Camp beds
- 13.5 Tog Duvet and Pillows
- Bed Linen
- Cosy Blankets
- Bedside Tables
- Bedside Lanterns
- Fairy Lights
- Rug
- Doormat
- Bunting

### What size tent can I bring?

In order to maximise space at the site please ensure that any family sized tents (those with 2 or more bedroom compartments) have a minimum of 3 people staying in them. We reserve the right to charge a supplement where this rule is not followed.

### What size van?

We have limited space for camper vans. Please note, we can only accommodate campervans, not motorhomes. **The owners have specifically requested that we do not have motor homes in their fields this year. They would like motor homes on their camp site and request that you book in if bringing one.**

# FAQs continued

## **What shower facilities are available?**

We have limited shower facilities at the festival site. Please be mindful of other festival goers and keep showers short! The showers will be busier at certain times of the day, so make use of them between activities when you see no one is waiting. There are showers in both the large and small field.

## **Do you have any advice on what to bring?**

We will collate a 'Handy Pack' with tips, tricks and advice which will either be emailed to you closer to the date of the event and will also be placed on our website on the Festival page. This will enable you to get the best out of the weekend.

## **What level of fitness do I need for the activities on offer?**

There will be different groups taken out by different qualified run and cycle leaders which will vary in length. There is a tail runner or rider on each one and no one will be left behind. Please chat to the run and ride leaders about the level of difficulty or technicality to ensure the ride or run is suitable for you. This will enable everyone to choose a group that is right for their level.

There will even be a trail walk for those who don't wish to run and a beginners mountain bike skills group for those who are new to mountain biking.

## **Will there be road biking and swimming?**

Due to the hazardous nature of taking large unknown groups on the roads, we will not be carrying out road rides as such but our mountain biking will have some road sections to link up the woods.

For anyone wishing to bring their road bike, we have some fabulous riding in the area and we will gladly provide a gpx route if you wish to take yourself off for a morning or afternoon.

We do not have a body of water to access in the immediate local vicinity and therefore we will not be providing swimming or dipping. However, should you wish to leave site to swim/dip, we are able to provide the locations of good areas using what three words. We will place these in our 'handy pack' which will be emailed to you and placed on the website about a month before the event.

## **What isn't included in my ticket?**

### **Food & drink:**

There will be food vendors on an evening which you can purchase your evening meal from. At lunchtime we will have jacket potatoes (or similar) with a choice of fillings in our pop up shop/cafe. There is an option to pre-order a breakfast box on our website for both Saturday and Sunday morning. These are £15 and include a variety of goodies to set you up for the day. There will be limited breakfast items as well as teas and coffees in our pop up shop both mornings, but we cannot guarantee breakfast items for everyone if you have not ordered a breakfast box.

Of course, you are welcome to bring your own food and drinks. Please remember a cool box to store them in as we cannot guarantee fridge space for everyone. There is a lovely farm shop/deli within walking distance and several supermarkets within driving distance.

There is a Pretty Gritty Prosecco bar in the evening, selling both alcoholic and non-alcoholic drinks and bar snacks.

### **Additional services:**

There may be additional services added to the weekend eg. Sports massage which would be payable to the service provider on the day.

### **Electric hook up**

There aren't any available pitches with electric hook - The very limited amount of electric points available will be used by Pretty Gritty Ltd to provide electricity to the DJ/PA system and fridges for the bar etc.

## **How do I buy festival merchandise?**

You can pre-order a festival hoodie and/or a festival t-shirt. Please note, these items are only available to pre order and you will not be able to buy one on the festival weekend.

# FAQs continued

## **Can I bring a camping stove or BBQ equipment?**

Yes, we are not going to spoil your fun here. However we do need you to adhere to the site rules regarding this.

BBQs/campfires and camping stove must be off the floor in some way. This may mean bringing along a large concrete tile so that the heat of the base does not come into contact with the floor or one of the camp fire resistant mats so that a contained fire can sit above it.

## **Can I bring my daughter/niece/cousin?**

All females over 16 are welcome but girls under 18 must be accompanied by a parent/known adult when out on activities.

## **Can I bring my dog?**

Unfortunately, the site owners will not permit dogs due to the number of people at the festival. (If everyone brought one, there is a potential for up to 100 to be there) The exception to the rule are assistance dogs.

## **What time can I arrive on Friday and what time do I leave on Sunday?**

You can arrive from 2 o'clock onwards on Friday. There will be an icebreaker event at approximately 4pm with an option to join in with that up until 6pm.

On Sunday the event will finish at 2pm with all participants to be off site by 3pm.

## **Are tickets refundable?**

See our 'Terms and Conditions' for further information.

