



Pretty Gritty's 'Energetic by Nature' Women's Festival

Frequently Asked Questions



What is included within my ticket?

You can expect a weekend with an itinerary packed full of sports and activities which you can pick and choose from. Yoga, boot camp and dance classes will take place throughout the day at the festival site and there will be guided trail runs and mountain bike rides heading out to 'The Chevin', a local wood close by.

There will be live music, inspirational speakers and other interesting activities thrown in, like foraging walks with a local expert

Camping Ticket

This includes a camping pitch for 2 nights (bring your own tent or campervan - of which there are only 10 spaces) a wash up area, showers and toilet facilities.

Glamping Ticket

This includes a glamping bell tent to sleep 2 people for 2 nights in the adjacent field known as The Glade. You will have use of a shared Glamp Fire with Seating, firepit, fuel and marshmallows for toasting 'The Hut' - a wash up area with fridge, sink, lights and power as well as tea and coffee Bunting & Solar Lights around sites. Showers and toilet facilities.

Each tent includes:

- Camp beds
- 13.5 Tog Duvet and Pillows
- Bed Linen
- Cosy Blankets
- Bedside Tables
- Bedside Lanterns
- Fairy Lights
- Rug
- Doormat
- Bunting

What size tent can I bring?

In order to maximise space at the site, please use the following dimension to occupancy ratios

1 person tent, 1 person

2 person tent, 2 people

3 person tent, 2/3 people

4 person tent, 3/4 people

For tents larger than this, please email us first to make sure we can accommodate you.

What size van?

We have limited space for camper vans and as such, we need you to fill out the form when booking so we are aware of the numbers. Please note, we can only accommodate campervans, not motorhomes.

What shower facilities are available?

We have limited shower facilities at the festival site and in order for the weekend to run smoothly we have devised a clear system where you will be able to select a time slot for a ten minute shower on both days.

FAQs continued

Do you have any advice on what to bring?

We will collate a 'Handy Pack' with tips, tricks and advice which will either be emailed to you or be placed on our website on the Festival page. This will enable you to get the best out of the weekend.

What level of fitness do I need for the activities on offer?

There will be different paced groups taken out by different qualified run and cycle leaders. This will enable everyone to choose a group that is applicable to their fitness levels.

There will even be a trail walk for those who don't wish to run and a beginners mountain bike skills group for those who are new to mountain biking.

Closer to the time, in our 'Handy pack', will provide the run and bike routes gpx files if you would like to look at them in advance.

Will there be road biking and swimming?

Due to the hazardous nature of taking large unknown groups on the roads, we will not be carrying out road rides as such but our mountain biking will have some road sections to link up the woods.

For anyone wishing to bring their road bike, we have some fabulous riding in the area and we will gladly provide a gpx route if you wish to take yourself off for a morning or afternoon.

We do not have a body of water to access in the immediate local vicinity and therefore we will not be providing swimming or dipping. However, should you wish to leave site to swim/dip, we are able to provide the locations of good areas using what three words. We will place these in our 'handy pack' which will be emailed to you and placed on the website about a month before the event.

What isn't included in my ticket?

Food:

We will have a variety of food vendors on an evening which you can purchase your evening meal from. There is an option to have a breakfast box delivered to your tent on both mornings which you will need to prebook. The options for either day are within the shop.

You may choose to bring your own snacks and lunch items, or there is a lovely farm shop/deli within walking distance and several supermarkets within driving distance.

Additional services:

There may be additional services added to the weekend eg. Sports massage/taping, which would be payable to the service provider on the day.

Electric hook up

There aren't any available pitches with electric hook - The very limited amount of electric points available will be used by Pretty Gritty to provide electricity to the bands/DJ / PA system and fridges for the bar etc.

How do I buy festival merchandise?

You can pre-order a festival hoodie and/or a festival t-shirt. Both are available in 2 colours. Please note, these items are only available to pre order and you will not be able to buy one on the festival weekend.

Can I bring a camping stove or BBQ equipment?

Yes, we are not going to spoil you fun here. However we do need you to adhere to the site rules regarding this.

BBQs/campfires and camping stove must be off the floor in some way. This may mean bringing along a large concrete tile so that the heat of the base does not come into contact with the floor or one of the camp fire resistant mats so that a contained fire can sit above it.

FAQs continued

Can I bring my daughter/niece/cousin?

All females over 16 are welcome but girls under 18 must be accompanied by a parent/known adult when out on activities.

Can I bring my dog?

Unfortunately, the site owners will not permit dogs due to the number of people at the festival. (If everyone brought one, there is a potential for up to 100 to be there) The exception to the rule are assistance dogs.

What time can I arrive on Friday and what time do I leave on Sunday?

You can arrive from 1 o'clock onwards with the first job of putting up your tent.

The welcome will be at 3.15 with our first whole camp activity (navigation event) starting at approximately 3:30 to 4 o'clock.

Are tickets refundable?

See our 'Terms and Conditions' for further information.

