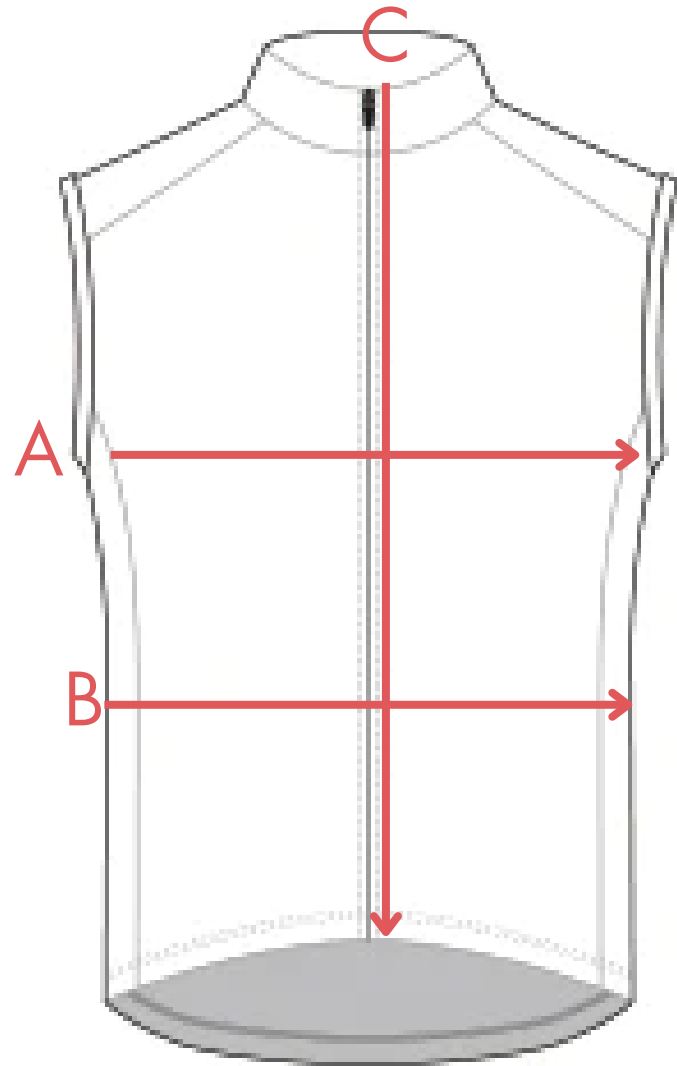


## Size Guide For Our Gilets

Choosing the right size of cycling apparel is vital as it guarantees top performance of our garments: comfort, breathability, insulation and ease of body movement at the same time.

In order to answer the question "What is my size?" as accurately as possible, you need to either take your own body measurements or better still, (given the make-up of the stretchy fabrics) compare against the measurements of an existing well-fitted gilet. In general, the sizes match your usual dress size but it's easy to take the guesswork out of it if you measure against a gilet you already wear.



	SMALL 8 to 10	MEDIUM 10 to 12	LARGE 12 to 14	XLARGE 14 to 16	2XL 16 to 18	3XL 18 to 20
A - 1/2 chest measurement	46	48	50	53	56	59
B - 1/2 waist measurement	40	43	44	46	49	52
C - front zip length	55	58	60	61	63	65

### Choosing your size:

We have a slight cross over of sizes. e.g. If you are a size 14 and you want a smaller fitting gilet, a 12-14 would fit but it would be snug and close to the body. The side panels are stretchy. If you want it to be looser and are thinking of wearing a few layers underneath, go for XL (14-16)